

HIMALAYA

FINE DINING INDIAN,
NEPALESE RESTAURANT



FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about
the ingredients in your meal,
when making you order.
Some dishes may
contain nuts.

Starters

Vegetarian Starters

- | | | | |
|--|---------------|---|--------|
| 1. Poppadom (Each) /
Pickle Tray (Each)..... | £1.00 / £1.50 | 7. Samosa Chat | £7.30 |
| 2. Onion Bhaji..... | £5.50 | 8. Mixed Chat | £8.30 |
| <i>Shredded onion mixed with Indian-spiced flour deep-fried.</i> | | 9. Maru Bhajiya | £7.50 |
| 3. Paneer Tikka | £8.50 | 10. Plain Mogo | £5.50 |
| 4. Punjabi Samosa..... | £5.75 | 11. Jeera Mogo..... | £8.30 |
| <i>Pastry turnover filled with vegetable and deep fried.</i> | | 12. Paneer Shashlik (N) | £9.75 |
| 5. Veg Spring Rolls..... | £5.75 | <i>Diced Paneer, Onions, capsicum & tomato marinated in herbs & spices & then grilled in tandoor.</i> | |
| <i>Deep fried crispy pastries filled with a mildly spiced vegetable mix and sweetcorn filling.</i> | | 13. Himalaya Veg Platter (N) | £19.99 |
| 6. Aloo Tikki..... | £5.75 | | |
| <i>Deep fried potato cakes stuffed with lightly spiced spinach and green peas.</i> | | | |

Non-Veg Starters

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|--|-------|---|--------|
| 20. Choela Puri (Lamb or Chicken) | £8.50 | 29. Tandoori chicken
(with bones Half Chicken) | £10.25 |
| <i>Nepalese special and popular dish. Diced Lamb or chicken marinated in strong flavour of ginger, garlic, chilli and mixed spices served warm on a bed of fried puree (bread)</i> | | <i>Chicken marinated in herbs and spices and then grilled in the tandoor.</i> | |
| 21. Prawn Puri | £9.50 | 30. Sheekh Kebab..... | £8.99 |
| 22. Chicken Tikka | £8.25 | <i>Chargrilled spicy minced-lamb kebab sausages.</i> | |
| <i>Succulent chunks of chicken marinated and barbecued in a tandoor.</i> | | 31. Lamb Tikka | £9.95 |
| 23. Hariyali Chicken Tikka Sizzler..... | £8.25 | 32. Tandoori Lamb Chop. Small £9.99 Large £17.99 | |
| <i>Boneless chicken pieces marinated in herbs and spices, cooked in a clay oven.</i> | | <i>Lamb chops marinated in spices & yoghurt and cooked in the tandoor.</i> | |
| 24. Malai Tikka (N)..... | £8.50 | 33. Himalaya Tandoori Sizzler ... Small £13.99 Large £26.99 | |
| 25. Chicken Lollipop | £8.25 | <i>Charcoal grilled tandoori talapiya fish, chicken tikka, hariyali chicken, lamb kebab, Lamb chops. (Small sizzler nor include seafood and lamb chops)</i> | |
| <i>Fried chilli battered chicken wings.</i> | | 34. Tandoori King Prawn | £15.99 |
| 26. Chicken Pakoras..... | £6.95 | <i>King prawns marinated in herbs and spices and then grilled in the tandoor.</i> | |
| <i>Diced chicken pieces cooked and deep fried in a savoury batter.</i> | | 35. Fish Pakora..... | £8.75 |
| 27. Chicken / Lamb Samosa | £6.75 | <i>Chunks of fish fried in a crispy spicy batter.</i> | |
| <i>Pastry turn over, stuffed with minced chicken / lamb and spices deep fried.</i> | | 36. Tandoori Fish Tikka Sizzler (Talapia)
..... Small £10.99 Large £17.99 | |
| 28. Chicken Momo..... | £7.50 | <i>Cubes of fish marinated in herbs and spices, then grilled in the tandoor.</i> | |
| <i>Steamed dumplings stuffed with gently spiced minced chicken served with Nepalese special sauce.</i> | | 37. Jeera Niblets | £9.50 |



Starters

Indo-Chinese Veg Starters

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|--|-------|--|-------|
| 44. Veg Hot & Sour Soup..... | £7.50 | 49. Chilli Chips..... | £6.99 |
| 45. Veg Manchow Soup..... | £7.50 | 50. Chilli Mushroom..... | £8.50 |
| 46. Veg Sweetcorn Soup..... | £7.50 | <i>Mushroom cooked with onion, capsicum.
Green chillies and Chinese soya sauce.</i> | |
| 47. Chilli Mogo..... | £8.50 | 51. Vegetable Manchurian Dry..... | £8.50 |
| <i>Cassava root potatoes cooked with onion, capsicum.
Green chillies and Chinese soya sauce.</i> | | <i>Fried mixed vegetable balls prepared in chopped ginger,
garlic, onions, and Chinese spices with soya sauce.</i> | |
| 48. Chilli Paneer..... | £8.50 | 52. Gobi Manchurian..... | £8.50 |
| <i>Indian cheese stir fried with fresh chillies, capsicum, herbs and
spices.</i> | | | |

Indo-Chinese Non-Veg Starters

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|---|--------|---|--------|
| 58. Chicken Hot & Sour Soup..... | £7.99 | 64. King Prawn Chilli (Dry)..... | £12.99 |
| 59. Chicken Sweetcorn Soup..... | £7.99 | 65. King Prawn Manchurian (Dry)..... | £12.99 |
| 60. Chicken Manchow Soup..... | £7.99 | <i>Lightly butter fried king prawns marinated
in chopped ginger, garlic, onions with a
Chinese special sauce.</i> | |
| 61. Chilli Chicken Dry..... | £9.50 | 66. Chilli Lamb..... | £10.75 |
| 62. Chicken Manchurian (Dry)..... | £9.50 | 67. Chicken 65..... | £9.50 |
| <i>Chicken marinated in chopped ginger, garlic, onions
and Chinese spices with soya sauce.</i> | | 68. Salt & Pepper Chicken..... | £9.50 |
| 63. Chilli Fish..... | £10.99 | 69. Salt & Pepper Fish..... | £10.99 |
| <i>Boneless fish fillet cooked with onion, capsicum.
Green chillies and Chinese soya sauce.</i> | | | |



Main

Vegetarian Main Courses

79. **Paneer Butter Masala (N)** 🌶️ £9.50
Marinated cubes of cottage cheese in a lightly spiced tikka masala sauce.
80. **Mutter Paneer** 🌶️ £9.00
Chunks of cottage cheese prepared in a lightly spiced sauce with petit pois.
81. **Palak Paneer** 🌶️ £9.00
Fried chunks of cottage cheese, prepared in a spicy spinach - based sauce.
82. **Methi Paneer** 🌶️ £9.00
Fried chunks of cottage cheese, prepared in a Fenugreek.
83. **Vegetable Jalfrezi** 🌶️🌶️ £9.00
Mixed vegetables cooked in a medium hot curry sauce with green chilli.
84. **Tadka Daal** 🌶️ £8.50
A traditional Punjabi lightly spiced thick lentil soup.
85. **Paneer Jalfrezi** 🌶️🌶️ £9.00
Home made cheese cooked with fresh green chillies and madras spices to provide a distinctively hot and tasty dish
86. **Daal Makhani** 🌶️ £9.00
Combination of three traditional lentils cooked in Indian spices, butter and cream.
87. **Malai Kofta (N)** 🌶️ £9.50
Indian cheese balls stuffed with fry dry fruits, cooked in a rich creamy sauce.
88. **Karahi Paneer** 🌶️ £9.00
Onion and capsicum brought together in a medium hot sauce, served in traditional wok.
89. **Bhindi Masala** 🌶️ £9.00
Okra and diced onions cooked in chef's unique medium thick sauce.
90. **Mix Veg Balti** 🌶️ £9.00
Balti cuisine at its best, vegetable prepared together in balti sauce.
91. **Baingan Bharta** 🌶️ £9.50
Roasted Aubergine cooked with smoky flavours and chef's special spices.
92. **Veg Kofta** 🌶️ £9.50
93. **Aloo Gobi** 🌶️ £9.00
Punjabi style lightly spiced florets of cauliflower and chunks of potato.
94. **Bombay Aloo** 🌶️ £8.50
Chunks of potato flavoured with freshly ground coriander and cumin seeds.
95. **Saag Aloo** 🌶️ £9.00
Potatoes cooked with succulent spinach leaves and fresh herbs and spices.
96. **Chana Masala** 🌶️ £9.00
Chick peas curried in home-ground herbs and spices.

Non-Veg Main Courses

104. **Chicken Curry** 🌶️ £10.50
Succulent chunks of chicken made in well spiced tomato and onion based sauce.
105. **Chicken Tikka Masala (N)** £10.99
Diced pieces of chicken tikka prepared in a special creamy sauce with hints of almond and coconut.
106. **Karahi Chicken** 🌶️ £10.99
Enriched with spices of medium strength and served in a small Karahi.
107. **Chicken Saagwala** 🌶️ £10.99
Tender pieces of chicken prepared in a mildly spiced spinach sauce.
108. **Chicken Jalfrezi** 🌶️🌶️ £10.99
Boneless chicken grilled over charcoal and cooked with green chilies, onions and tomatoes chef special hot sauce.
109. **Patiala Garlic Chilli Chicken** 🌶️🌶️ £11.50
Chunks of chicken cooked in a garlic and green chilli in a onion and tomato based gravy.
110. **Chicken Madras** 🌶️🌶️🌶️ £10.50
Tender chicken served in a hot spicy sauce.
111. **Chicken Korma (N)** £10.50
Chicken pieces cooked in yoghurt and creamy sauce
112. **Chicken Tikka Karahi Masala** 🌶️ £11.50
Diced tandoori chicken cooked with onions, capsicum cooked with tomato and onion based rich gravy.
113. **Butter Chicken** 🌶️ £11.50
Chicken cooked in a clay oven, marinated in delicious buttery sauce.
114. **Chicken Kalimirch** 🌶️🌶️🌶️ £11.50
115. **Chicken Dhansak** 🌶️ £10.99
Dhansak is a traditional Parsi dish with lentils, cooked with pineapple chunks therefore, it has a sweet and sour taste.
116. **Chicken Vindaloo** 🌶️🌶️🌶️ £10.99
117. **Tandoori Chicken Bone Curry** 🌶️ £12.99
118. **Lamb Rogan Josh** 🌶️ £12.50
Tender chunks of lamb with whole spices in a traditional curry

Medium: 🌶️ Hot: 🌶️🌶️ Extra Hot: 🌶️🌶️🌶️ N: Nuts



Main

- sauce.
119. **Lamb Karahi** 🌶️ £12.50
Diced lamb cooked with onions, capsicum cooked with tomato and onion based rich gravy.
120. **Lamb Kolapuri** 🌶️🌶️ £12.99
121. **Lamb Jalfrezi** 🌶️🌶️ £12.50
Succulent pieces of lamb cooked with green chillies, capsicum, onion & tomato base gravy.
122. **Lamb Saagwala** 🌶️ £12.50
Boneless lamb cooked in fresh spinach leaves.
123. **Keema Mutter** 🌶️ £12.50
Lamb mince cooked in a semi-dry traditional curry sauce with petit pois.
124. **King Prawn Jalfrezi** 🌶️🌶️ £14.49
King prawns cooked with green chillies, capsicum, onion & tomato base gravy.
125. **King Prawn Bhuna** 🌶️ £14.49
126. **Rajasthani Lamb Masala** 🌶️🌶️🌶️ £13.50
127. **Lamb Kathmandu** 🌶️ £13.99
Grilled Lamb cooked with green chillies, tomatoes, diced onions, ginger, garlic and Nepalese herbs in tomatoes and thick sauce.
128. **Lamb Dhansak** 🌶️ £11.50
Dhansak is a traditional Parsi dish with lentils, cooked with pineapple chunks therefore, it has a sweet and sour taste.
129. **Lamb Vindaloo** 🌶️🌶️🌶️ £11.50
130. **Himalaya Lamb on the Bone** 🌶️ £12.99
131. **Himalaya Special Mix Karai** 🌶️ £13.95
Chicken, lamb, prawn cooked in onion and tomato base sauce.
132. **Fish Bhuna** 🌶️ £12.99
Fish cooked in chefs special bhuna sauce.
133. **Fish Curry** 🌶️ £12.99

Indo - Chinese Main Course

142. **Vegetable Manchurian With Sauce** 🌶️🌶️ .. £10.50
Fresh mix vegetable balls cooked with fresh ginger, garlic, chopped tomatoes, onions and peppers in soya sauce.
143. **King Prawn Manchurian With Sauce** 🌶️ £13.95
King Prawns cooked with fresh ginger, garlic, chopped tomatoes, onions and peppers in soya sauce.
144. **Chicken Manchurian With Sauce** 🌶️ £11.50
Chicken balls cooked with fresh ginger, garlic, chopped tomatoes, onions and peppers in soya sauce.
145. **Chilli Chicken With Sauce** 🌶️🌶️ £11.50
Batter fried chicken cooked with fresh capsicum and green chillies.
146. **Garlic Chilli Chicken With Sauce** 🌶️🌶️ £11.50
Battered chicken pieces sautéed in fresh garlic, green chilli, onions and peppers in a Chinese style sauce.
147. **King Prawn Chilli With Sauce** 🌶️🌶️ £13.95
Batter fried King Prawns cooked with fresh capsicum and green chillies.
148. **Chicken Szechwan Sauce** 🌶️🌶️ £12.50
Cornflour and five spice coated boneless pieces of chicken stir fried with onions, ginger, garlic and chillies cooked in a Chinese special sauce.
149. **Chicken Sweet & Sour** 🌶️🌶️ £11.50
Chinese-style sweet and sour chicken, stir-fried with bell peppers and pineapple chunks.

Medium: 🌶️ Hot: 🌶️🌶️ Extra Hot: 🌶️🌶️🌶️ N: Nuts



Noodles

All dishes are stir fried, and cooked on a Chinese cooker.

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|---|--------|--|----------------|
| 158. Vegetable Chow Mein..... | £9.50 | 161. Mixed Chow Mein..... | £11.50 |
| <i>Noodles cooked with diced vegetables in a spicy soya sauce.</i> | | <i>Noodles cooked with mixed vegetables, eggs, chicken and prawns.</i> | |
| 159. Chicken Chow Mein..... | £10.50 | 162. Prawn Chow Mein..... | £11.99 |
| <i>Noodles cooked with mixed vegetables and chicken chunks in a unique Chinese style.</i> | | <i>Noodles and prawns cooked together in a vinegar – soya sauce.</i> | |
| 160. Egg Chow Mein..... | £10.50 | 163. Szechuan Noodles Veg / Chicken.... | £10.50 / 10.99 |
| <i>Noodles cooked with eggs in a soya sauce.</i> | | | |

Rice

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|---|--------|---------------------------------------|-------------|
| 168. Vegetable Fried Rice | £6.75 | 175. Jeera Rice..... | £5.95 |
| 169. Chicken Fried Rice..... | £7.95 | 176. Garlic Fried Rice..... | £5.95 |
| 170. Egg Fried Rice | £7.95 | 177. Keema Rice..... | £7.25 |
| 171. Mixed Fried Rice | £9.95 | 178. Mushroom Rice | £6.49 |
| <i>Rice cooked with egg, chicken, prawns, and vegetables.</i> | | 179. Lemon Rice | £5.95 |
| 172. Prawn Fried Rice | £10.25 | 180. Coconut Rice..... | £5.95 |
| 173. Plain Rice | £4.99 | 181. Szechuan Rice Veg / Chicken..... | 7.25 / 7.95 |
| 174. Pilau Rice | £5.75 | | |

Biryani

Served with choice of Veg Curry Sauce or Mixed Raitha

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|---|--------|---|--------|
| 186. Veg Biryani | £10.50 | 189. King Prawn Biryani..... | £13.99 |
| <i>Seasonal vegetables cooked in light spices traditionally prepared with basmati rice.</i> | | <i>Basmati rice cooked with prawns in the special Indian spices.</i> | |
| 187. Chicken Tikka Biryani | £11.50 | 190. Himalaya Special Biryani | £14.99 |
| <i>Traditionally prepared saffron flavoured basmati rice, cooked with chicken tikka pieces.</i> | | <i>A mixture of tender lamb , chicken and prawns cooked with chefs special recipes.</i> | |
| 188. Lamb Biryani..... | £12.50 | | |
| <i>Tender lamb pieces cooked in light spices, traditionally prepared with basmati rice.</i> | | | |



Breads (Any Topping 25p)

196. Bullet Naan 🌶️🌶️🌶️	£2.99	201. Garlic Naan	£3.49
<i>Bread with green chilli topping, baked in clay oven.</i>			
197. Cheese Naan	£3.49	202. Lachha Paratha.....	£3.49
<i>Bread stuffed with cheese cooked in a clay oven.</i>			
198. Keema Naan	£3.75	203. Tandoori Roti.....	£2.75
<i>Bread stuffed with minced meat, cooked in a clay oven.</i>			
199. Plain Naan - £2.50 with Butter	£2.99	204. Tawa Chapati.....	£2.00
<i>Indian bread cooked on a hot plate.</i>			
200. Peshwari Naan	£3.75	205. Onion Kulcha.....	£3.75
		206. Chilly Garlic.....	£3.75

Sundries

211. Onion Salad.....	£1.99	213. Mixed Raita.....	£3.75
212. Green Salad	£4.25	214. Plain Yoghurt.....	£2.50

Kids Meal

- ▶ Chicken Nuggets and Chips
- ▶ Fish Fingers and Chips
- ▶ Vegetable Fingers and Chips
- ▶ Omelette and Chips

£7.50

Medium: 🌶️ Hot: 🌶️🌶️ Extra Hot: 🌶️🌶️🌶️ N: Nuts

10% Discount
on Collection Only

Minimum Order over £15.00
10% discount for NHS staff.
(Only on Weekdays)

**OUTDOOR
CATERING AVAILABLE
FOR ALL YOUR
OCCASIONS.
UP TO 500 PEOPLE.**

LUNCH SPECIAL MENU

**SPECIAL LUNCH BUFFET AVAILABLE ONLY
(FRIDAY, SAT AND SUNDAY) ASK FOR STAFF.**

ADULT: £15.99 CHILD: £10.50

**Minimum order £13.00 per head.
If less than you will be charged £13.00 per head.**

Opening Time: Open 6 Days a Week

Lunch: Friday - Sunday: 12.00 noon to 2.30pm

Dinner: Tuesday - Saturday 5.00pm to 11.00pm

Sunday: 5.00pm to 10.00pm. **Monday Closed.**

THANK YOU FOR COMING TO

HIMALAYA

FINE DINING INDIAN, NEPALESE RESTAURANT

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WE HOPE TO SEE YOU AGAIN SOON. HAVE A SAFE JOURNEY HOME.

We will prepared a strength of food as per your taste. (Mild/Medium/Hot)

If you would like any other dish which not in our menu we can make it to your request.

We are not responsible for any lost or stolen items.

Management reserves the right to refuse service without any reason.